

May 2018
HIGH SCHOOL LUNCH MENU
Stonington School Nutrition
Student Price- \$3.25 Adult Price-\$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
	2 Soft Taco Chicken or Beef Cheese Sauce Brown Rice Refried Beans Salsa Fruit & 100% Juice	3 Vegetarian or Pepperoni & Cheese Pinwheel Zoodles with Alfredo Sauce Steamed Carrots Fruit & 100% Juice	4 Pulled Pork on Whole Wheat Bun Tater Tots Corn Fruit & 100% Juice	5 Assorted Homemade Pizza Sweet Potato Fries Romaine Salad Fruit & 100% Juice
7 French Toast Sticks Hashbrown Chicken Sausage Links or Bacon Egg Patty Fruit & 100% Juice	8 Nacho Chicken or Beef Cheddar Cheese Sauce Brown Rice Refried Beans Salsa Fruit & 100% Juice	9 Bacon Cheeseburger or Veggie Burger on Whole Wheat Bun Seasoned Fries Broccoli Fruit & 100% Juice	10 Chicken Tenders Cheesy Broccoli Rice Roasted Beets Dinner Roll Fruit & 100% Juice	11 Loaded Waffle Fries Chili & Cheese Seasoned Broccoli Dinner Roll Fruit & 100% Juice
14 Mac & Cheese Garlic Knot Steamed Carrots Broccoli Fruit & 100% Juice	15 Chicken or Cheese Quesadillas Brown Rice Refried beans Lettuce & Tomato Fruit & 100% Juice	16 Boneless Wings Mac & Cheese Seasoned French Fries Green Beans Fruit & 100% Juice	17 Regular or Spicy Chicken Tenders Mashed Potatoes Gravy Dinner Roll Fruit & 100% Juice	18 Assorted Homemade Pizza or Calzone Sweet Potato Fries Romaine Salad Fruit & 100% Juice
21 Mozz Sticks Breadstick Marinara Steamed Carrots Broccoli with Cheese Sauce Fruit & 100% Juice	22 Soft Taco Chicken or Beef Cheese Sauce Brown Rice Refried Beans Salsa Fruit & 100% Juice	23 Pancakes Hash Brown Turkey Sausage or Bacon Egg Patty Fruit & 100% Juice	24 Spicy Chicken & Waffles Hash Brown Cinnamon Carrots Fruit & 100% Juice	25 Loaded Waffle Fries Chili & Cheese Seasoned Broccoli Dinner Roll Fruit & 100% Juice
28 Memorial Day No School	29 Nacho Chicken or Beef Cheddar Cheese Sauce Brown Rice Refried Beans Salsa Fruit & 100% Juice	30 Vegetarian or Pepperoni & Cheese Pinwheel Zoodles with Alfredo Sauce Steamed Carrots Fruit & 100% Juice	31 Pulled Pork on Whole Wheat Bun Tater Tots Corn Fruit & 100% Juice	Make sure to keep an eye out for our upcoming summer menu!

ALL LUNCHES INCLUDE:

Entrée: protein, grain, choice 1% white or fat free flavored milk, daily fruit and vegetables!!!
 Daily Alternative Entrees: Pasta, grinders, soup; daily fruit, vegetable, and milk included with meal.

Menu subject to change as needed.

Please feel free to contact me via phone or email with any questions or concerns you may have.
 Becky Fowler, Director of School Nutrition at Becky.fowler@stoningtonschools.org or (860) 599-0766