

February 2018
HIGH SCHOOL LUNCH MENU
Stonington School Nutrition
Student Price- \$3.25 Adult Price-\$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Sticks Hash Brown Turkey Sausage or Bacon Egg Patty Fruit & 100% Juice	2 Assorted Homemade Pizza Sweet Potato Fries Romaine Salad Fruit & 100% Juice
5 Thai Sweet Chili Chicken WW Vegetable Egg Roll Vegetable Fried Rice Fruit & 100% Juice	6 Nacho Chicken or Beef Queso Blanco Sauce Brown Rice Refried Beans Salsa Fruit & 100% Juice	7 Pulled Pork on Whole Wheat Bun Sweet Potato Fries Broccoli Fruit & 100% Juice	8 Chicken Tenders Cheesy Broccoli Rice Roasted Beets Dinner Roll Fruit & 100% Juice	9 Assorted Homemade Pizza Ranch Potato Wedges Romaine Salad Fruit & 100% Juice
12 Regular or Spicy Chicken Patties on Whole Wheat Bun Seasoned Fries Green Beans Fruit & 100% Juice	13 Soft Taco Chicken or Beef Brown Rice Refried Beans Fruit & 100% Juice	14 Pancakes Hash Brown Turkey Sausage or Bacon Egg Patty Fruit & 100% Juice	15 Chicken Drumsticks Mac & Cheese Broccoli Fruit & 100% Juice	16 Assorted Homemade Pizza Sweet Potato Fries Romaine Salad Fruit & 100% Juice
19 <i>No School President's Day</i>	20 Chicken or Cheese Quesadillas Vegetable Tortilla Soup Brown Rice Refried beans Fruit & 100% Juice	21 <i>Half Day No Lunch Served</i>	22 Mozz Sticks Marinara Sauce Garlic Breadstick Broccoli Fruit & 100% Juice	23 Assorted Homemade Pizza Ranch Potato Wedges Romaine Salad Fruit & 100% Juice
26 Cherry Blossom or Firecracker Chicken Lo Mein Noodles Veggie Egg Roll Fruit & 100% Juice	27 Nacho Chicken or Beef Queso Blanco Sauce Brown Rice Refried Beans Fruit & 100% Juice	28 Boneless Wings Seasoned French Fries Carrot & Celery Sticks Dinner Roll Fruit & 100% Juice	Harvest of the Month: Carrots!	

ALL LUNCHES INCLUDE:

Entrée: protein, grain, choice 1% white or fat free flavored milk, daily fruit and vegetables!!!

Daily Alternative Entrees: Pasta, grinders, soup; daily fruit, vegetable, and milk included with meal.

Menu subject to change as needed.

Please feel free to contact me via phone or email with any questions or concerns you may have.

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