

**December 2017**  
**HIGH SCHOOL LUNCH MENU**  
**Stonington School Nutrition**  
*Student Price- \$3.25 Adult Price-\$4.00*

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Assorted Homemade Pizza Sweet Potato Fries Romaine Salad Fruit & 100% Juice
<b>4 *New*</b> <i>Thai Sweet Chili Chicken</i> <i>WW Vegetable Egg Roll</i> <i>Vegetable Fried Rice</i> Fruit & 100% Juice	<b>5</b> Regular or Spicy Chicken Patties on Whole Wheat Bun Oven or Sweet Potato Fries Fruit	<b>6</b> Rodeo Burger or Veggie Burger on Whole Wheat Bun Seasoned Fries Broccoli Fruit & 100% juice	<b>7</b> Soft Taco Chicken or Beef Brown Rice <i>Taco Fiesta Black Beans</i> Fruit & 100% Juice	<b>8</b> Assorted Homemade Pizza Ranch Potato Wedges Romaine Salad Fruit & 100% Juice
<b>11</b> Boneless Wings Seasoned French Fries Dinner Roll Green Beans Fruit & 100% Juice	<b>12 *New*</b> <i>Lasagna Roll Ups</i> Mixed Green Salad Steamed Carrots Breadstick Fruit & 100% Juice	<b>13</b> Mozz Sticks Marinara Sauce Broccoli Breadstick Fruit & 100% Juice	<b>14</b> Nachos Chicken or Beef Brown Rice Refried Beans Fruit & 100% Juice	<b>15</b> Assorted Homemade Pizza Sweet Potato Fries Romaine Salad Fruit & 100% Juice
<b>18</b> Chicken Tenders Seasoned Brown Rice Roasted Butternut Squash Dinner Roll Fruit & 100% Juice	<b>19</b> French Toast Sticks Hash Brown Turkey Sausage or Bacon Egg Patty Fruit & 100% Juice	<b>20 *New*</b> Potato-Crusted Fish Mashed Sweet Potato Broccoli Fruit & 100% Juice	<b>21</b> QUESADILLAS Chicken & Cheese or Cheese Brown Rice Refried beans Fruit & 100% Juice	<b>22</b> Assorted Homemade Pizza Ranch Potato Wedges Romaine Salad Fruit & 100% Juice

**Winter Break**

**December 23-January 1**

**Enjoy this time with family & friends. We will see you in the new year!**

**ALL LUNCHES INCLUDE:**

Entrée: protein, grain, choice 1% white or fat free flavored milk, daily fruit and vegetables!!!  
 Daily Alternative Entrees: Peanut butter or cheese sandwich; daily fruit, vegetable, and milk included with meal.  
 Please feel free to contact me via phone or email with any questions or concerns you may have.

Becky Fowler, Director of School Nutrition

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